

# DVAC MS/HS Track & Field Meet Schedule - April 05, 2025

Hosted by QSI International School of Bratislava

Organiser: Atletický oddiel TJ Slávia STU Bratislava

Date: saturday 5.4.2025

Venue: Atletický štadión Slovenskej technickej univerzity v Bratislave,

Športový areál P. Gleska, Račianska ul. 103,

Mladá Garda, BRATISLAVA.

**GPS:** 48°10'38.48"N 17°7'28.43"E

Organization board: Meeting director: Matthew Yoder

Track and field chef: Ing. Branislav Droščák, PhD. Chef refree: Mgr. Viliam Lendel, PhD.

Timing & results: KRIL (<a href="https://statistika.atletika.sk/kalendar/0">https://statistika.atletika.sk/kalendar/0</a>)

Medical assistance: Rescue BH
Speaker: Matthew Yoder

Categories: MS Girls, MS Boys, HS Girls, HS Boys

Registration: to prepared sheet to email

matthew\_yoder@bratislava.qsi.org until 1.4.2025 23:59

#### Participating Schools:

American International School of Budapest (AISB)
American International School of Vienna (AISV)
International Christian School of Budapest (ICSB)
International Christian School of Vienna (ICSV)
QSI Bratislava (QSI)

Vienna International School (VIS)

#### **Guest Schools:**

Amadeus IS Vienna (AMV) IS Prague (ISP)

### TIME/EVENT SCHEDULE

\*some events may be combined by gender/division depending on how many competitors are in certain events.

10:30 Coaches meeting in front of stadium building.

11:00 Start HS Girls Discus

Start MS Girls Long Jump Start HS Boys Shot Put Start MS Boys High Jump

Start MS Girls 100 Meter High Hurdles (Timed Final)

11:05 Start HS Girls 100 Meter High Hurdles (Timed Final)

11:10	Start MS Boys 100 meter High Hurdles (Timed Final)
11:20	Start HS Boys 110 meter High Hurdles
11:30	Start MS Girls 100 Meter Trials
11:35	Start MS Boys 100 Meter Trials
11:40	Start HS Girls 100 Meter Trials
11:45	Start HS Boys 100 Meter Trials
11:50	100m exhibition
12:00	Start MS Girls Discus Start MS Boys Shot Put Start HS Girls Long Jump Start HS Boys High Jump
11:55	Start MS/HS Girls 1500 Meter Run
12:10	Start MS/HS Boys 1500 Meter Run
12:25	Start MS Girls 100 meters Finals
12:30	Start MS Boys 100 meters Finals
12:35	Start HS Girls 100 meters Finals
12:40	Start HS Boys 100 meters Finals
12:50	Start MS Girls 400 Meter Run
13:00	Start MS Boys 400 meter Run. Start HS Boys Discus Start MS Boys Long Jump HS Girls Shot Put Start MS Girls High Jump
13:05	Start HS Girls 400 Meter Run.
13:15	Start HS Boys 400 Meter Run.
13:30	Start MS Girls 4x100 Meter Relay, Start MS Boys 4x100 Meter Relay, Start HS Girls 4x100 Meter Relay, Start HS Boys 4x100 Meter Relay
13:50	Start HS Girls 400 Meter Hurdles
14:00	Start HS Boys 400 Meter Hurdles
14:10	Start MS/HS Girls 800 Meter Run Start MS Boys Discus Start MS Girls Shot Put Start HS Boys Long Jump

	Start HS Girls High Jump
14:20	Start MS/HS Boys 800 Meter Run
14:30	Start MS Girls 200 Meter Dash (Timed Final)
14:40	Start MS Boys 200 Meter Dash (Timed Final)
14:50	Start HS Girls 200 Meter Dash (Timed Final)
15:00	Start HS Boys 200 Meter Dash (Timed Final) Start HS Boys and HS Girls Triple Jump
15:10	Start MS/HS Girls 3000 Meter Run.
15:25	Start MS/HS Boys 3000 Meter Run.
15:45	Start Girls MS 4x400 Meter Run Start Boys MS 4x400 Meter Run Start Girls HS 4x400 Meter Run Start Boys HS 4x400 Meter Run

Otant LIC Olda Library

# **Meet Notes**

## Hurdles

The height of the Hurdles will be:

MS Girls 100 meters 76 cm
 MS Boys 100 meters 84 cm
 HS Girls 100 meters 84 cm
 HS Boys 100 meters 84 cm
 HS Girls 400 meters 76 cm
 HS Boys 400 meters 84 cm

### Field Events

All field events will compete as "open pit" events (shot put, discus, long jump, triple jump). All competitors will be permitted 5 trials in "open pit" events.

- Shot
  - o 3 Kg MSG
  - 4 Kg MSB & HSG
  - o 5 Kg HSB)
- Discus
  - 1 Kg MSG, MSB & HSG
  - o 1.5 Kg HSB
- High Jump
  - The High Jump will be run as a straight elimination competition run according to IAAF rules.
  - Suggested starting heights for the High Jump events are as follows:

MS Girls
MS Boys
HS Girls
HS Girls
HS Boys
1.00 meters
1.15 meters
1.15 meters
1.30 meters

- The bar will rise in 5 cm increments until 6 athletes or less are remaining, then the athletes have the option to increase the bar in 3 cm increments.
- Triple jump board
  - o HS Girls and HS Boys 9 m